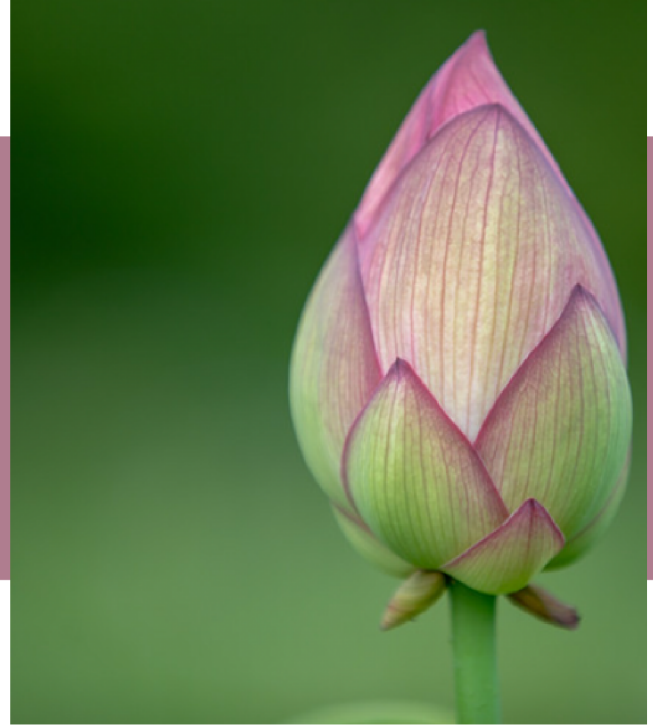


# RESTORING HOME PARENT LINE

For parents and caregivers of 12-18 yr olds.

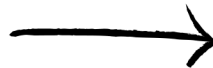


## WHAT IS IT?

A safe community, phone line, and podcast hosted by volunteer Restorative Family Mediators supporting parents and caregivers in real time struggles with their 12-18 year old. Parents are empowered to learn and develop effective ways to navigate conflict, substance abuse, schooling issues and more with their teen.

We want to repair, restore, and strengthen relationships!

## HOW DO I TO JOIN?



Parents voluntarily opt in to access the Restoring Home parent line in one click through this QR code or at [www.restoring-home.com](http://www.restoring-home.com).



[www.restoring-home.com](http://www.restoring-home.com)

## BENEFITS

- There is no instruction manual for parenting! We're providing peer-based support and encouragement daily during one of the harder parenting seasons.
- Develop new ideas and strategies to be the best parent to your teen.
- We'll talk through issues like substance abuse, mental health, conflict, school attendance, and more.
- It's free!